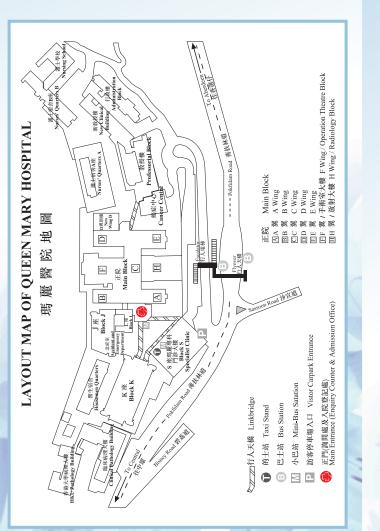
4. 請於應診前排清小便以便進行陰道 超聲波檢查。

- 整個診症過程需時,請預留當天早上的數小時應診。
- 4. 如未能應診,請於辦公時間致電
  2255-4182 與本診所職員聯絡。
- 7. 如病情需要, 會給你安排入院跟 進。

若有任何疑問請向護士查詢

以上資料由瑪麗醫院婦產科提供。





### 瑪麗醫院 Queen Mary Hospital

妊娠初期評估診所 EARLY PREGNANCY ASSESSMENT CLINIC (EPAC)

> S座5樓 SBlock5thFloor

馬麗 蕃 院 Queen Mary Hospital	Pamphlet Topic & Department Code
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### EARLY PREGNANCY ASSESSMENT CLINIC (EPAC)

#### Why have I an been refered to EPAC?

The EPAC is a outpatient specialist area that deals specifically with problems in early pregnancy. The most common problem is vaginal bleeding, with or without pain, but sometimes pain alone may be the only symptom. The nursing staff in EPAC will perform a more detailed assessment of the problems you are having, including history taking, physical and pelvic examination, taking blood for examination and arranging for an ultrasound scan if necessary.

# What should I do if there is severe vaginal bleeding while I'm waiting for my EPAC appointment?

Should you develop very heavy bleeding, severe abdominal pain or a fever, you should seek help immediately by attending nearby Accident and Emergency Department. For other worries or problems you may contact your private doctor. Please save if any tissue mass passed/bring back when follow up.

# Important information for attending the EPAC clinic.

- 1. Please be punctual.
- 2. You may take your breakfast on the day of appointment.
- Bring along your referral letter and relevant investigation results including ultrasound report/ blood results.
- 4. Please empty bladder for the transvaginal ultrasound assessment.
- 5. You need to stay in the clinic for that whole morning even if admission is not required.
- 6. If you are unable to attend, please inform the clinic staff during office hours at 2255-4182.
- 7. You may be admitted to the hospital for further treatment after assessment.

Should you have any queries, please contact the clinic nurse

Information provided by Department of Obstetrics & Gynaecology, Queen Mary Hospital

## 妊娠初期評估診所

### 為何轉介我到妊娠初期評估診 所?

本診所護士專責處理初期懷孕不適。 常見的問題包括下體流血和輕微腹 痛。

為進一步評估病情,護士會替你詳細 記錄有關資料,進行全身及婦科檢 查,抽血化驗和安排超聲波檢查(經腹 部或經陰道)。

### 如應診前大量出血,我應該怎 辦?

若有嚴重出血、劇烈腹痛或發燒等徵 狀,請即到附近急症室求診。如有其 它疑問,可聯絡私家醫生。 如排出任何胎組織,請保存於潔淨容 器內並帶回覆診。

### 應診須知

- 1. 請於指定時間到達。
- 2. 應診當天可吃早餐。
- 3. 請攜帶介紹信,及任何有關檢查結
  - 果,包括私家超聲波報告或驗血報告。