

EARLY PREGNANCY ASSESSMENT CLINIC (EPAC)

Why have I been referred to EPAC?

The EPAC is a outpatient specialist area that deals specifically with problems in early pregnancy. The most common problem is vaginal bleeding, with or without pain, but sometimes pain alone may be the only symptom. The nursing staff in EPAC will perform a more detailed assessment of the problems you are having, including history taking, physical and pelvic examination, taking blood for examination and arranging for an ultrasound scan if necessary.

What should I do if there is severe vaginal bleeding while I'm waiting for my EPAC appointment?

Should you develop very heavy bleeding, severe abdominal pain or a fever, you should seek help immediately by attending nearby Accident and Emergency Department. For other worries or problems you may contact your private doctor.

Please save if any tissue mass passed/bring back when follow up.

Important information for attending the EPAC clinic.

1. Please be punctual.
2. You may take your breakfast on the day of appointment.
3. Bring along your referral letter and relevant investigation results including ultrasound report/ blood results.
4. Please empty bladder for the trans-vaginal ultrasound assessment.
5. You need to stay in the clinic for that whole morning even if admission is not required.
6. If you are unable to attend, please inform the clinic staff during office hours at 2255-4182.
7. You may be admitted to the hospital for further treatment after assessment.

Should you have any queries, please contact the clinic nurse

Information provided by Department of Obstetrics & Gynaecology, Queen Mary Hospital

妊娠初期評估診所

為何轉介我到妊娠初期評估診所?

本診所護士專責處理初期懷孕不適。常見的問題包括下體流血和輕微腹痛。

為進一步評估病情，護士會替你詳細記錄有關資料，進行全身及婦科檢查，抽血化驗和安排超聲波檢查(經腹部或經陰道)。

如應診前大量出血，我應該怎辦?

若有嚴重出血、劇烈腹痛或發燒等徵狀，請即到附近急症室求診。如有其它疑問，可聯絡私家醫生。

如排出任何胎組織，請保存於潔淨容器內並帶回覆診。

應診須知

1. 請於指定時間到達。
2. 應診當天可吃早餐。
3. 請攜帶介紹信，及任何有關檢查結果，包括私家超聲波報告或驗血報告。