

 瑪麗醫院 QUEEN MARY HOSPITAL	<b>Department of Obstetrics and Gynaecology</b>	<b>Document No.</b>	<b>OGOB0094(I)-E</b>
		<b>Last review date</b>	<b>Jul 2022</b>
	<b>Subject</b> Checklist for delivery after Caesarean Section	<b>Next review date</b>	<b>Jul 2025</b>
		<b>Approved by</b>	<b>Obstetrics Team, QMH</b>
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## Checklist for Delivery after Caesarean Section

Labels
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### Type of previous scar of womb:

lower segment / involving upper segment / unknown.  
 (delete where appropriate)

### Previous operation / Caesarean section record available?

Yes / No

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## Vaginal birth after Caesarean section (VBAC)

**Successful rate** (average 72-75% in spontaneous labour, but decrease in labour with medical induction/ augmentation)

### Risks

Mother: Womb rupture (rare, risk 22-74 per 10,000)

Baby: perinatal mortality and morbidity including intrapartum infant death (small) and cerebral palsy (uncertain)

Risk of perinatal mortality associated with VBAC (4 per 10,000) is higher than that with elective repeat Caesarean section but similar to that with women having their first birth.

### Benefits (in successful vaginal birth)

Mother: Short term - safest method  
 quicker recovery  
 less blood loss  
 less infection  
 fewer complications from operation  
 fewer thromboembolic events

Long term - fewer placenta praevia  
 fewer morbidly adherent placentae  
 lower risk of womb rupture

Baby: breathe better

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## Elective repeat Caesarean section (ERCS)

### Risks

Mother: short term- higher risk of complications from surgery (e.g. organs injury especially bladder, ureter and bowel, haemorrhage, wound complications)

Long term- higher risks of placenta praevia  
higher risk of morbidly adherent placentae  
higher risk of womb rupture

Baby: Wet lung of newborn

### Benefits

Mother: reduce morbidity compared to emergency operation in case of failed trial of vaginal birth

Baby: reduce risk of perinatal morbidity and mortality

**Future pregnancy:** Advised repeat Caesarean section in view of two previous Caesarean section

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**I want to attempt VBAC. / I want to have elective repeat Caesarean section.**

\_\_\_\_\_  
(Patient's signature)

\_\_\_\_\_  
(Doctor's name and signature)

Date: \_\_\_\_\_