

## Department of Obstetrics and Gynaecology

## Discharge Information



# Discharge Information

Please Check Your Name and ID Number Carefully

### Pink Discharge Form:

Please go to the Account Office in Block S 1<sup>st</sup> floor or A&E to settle the hospital fees before leaving hospital. Newborn birth certificate reservation can be made after 3 working days of fee settlement (7 working days if fee settlement done at convenience store)

Transferred to	
Discharged/Died on	
登院管理局 HOSPITAL AUTHORITY HA 412 (Rev98)	This form must be taken to the Accounts Office for settlement of fees before leaving hospital 出院時必須交此表格到會計室清繳院費 To be sent to the Accounts Office on Discharge.

### **Maternity Leave Certificate:**

Please check the printed information carefully, our hospital only issue 1 copy, if you and your husband also needed, please make extra copy by yourself

# 產/病假證明書 Maternity/Sick Leave Certificate



### Discharge Slip (Patient Copy for Mother and Newborn):

This slip is for mother to keep as a record

Hospital Authority 出院紙(病人備本) Queen Mary Hospital

Discharge Slip (Patient Copy)



### Postnatal Checkup:

All postnatal mothers need to have postnatal checkup at 6 weeks' time, please book the appointment by yourself and go to the nearby Maternal and Child Health Centre (MCHC) or private doctor for it



### **Contraception Information:**

All mothers need contraception, if you do not want to get pregnant again in short-term period, please use reliable contraceptive methods, you can consult obstetricians or midwives for details if necessary

### Postnatal Exercise and Training Program:

Information sheet for mother as reference, and mother is suggested to make an appointment by yourself with the Physiotherapy Out-Patient Referral form, it may help you to reduce weight and prevent urinary incontinence



Department of Obstetrics and Gynaecology	Document No.	OGOB0162(I)
and Gynaccology	Last review date	Aug 2016
Subject	Next review 622	Aug 2019
物理治療產後運動班 Physiotherapy Post-natal Exercise &	Approved by	Obstetrics Team, QMH
training program	Page	Page 1 of 2

Physiotherapy Post-natal Exercise & training program

QMH - REQUEST INFORMATION SHEET

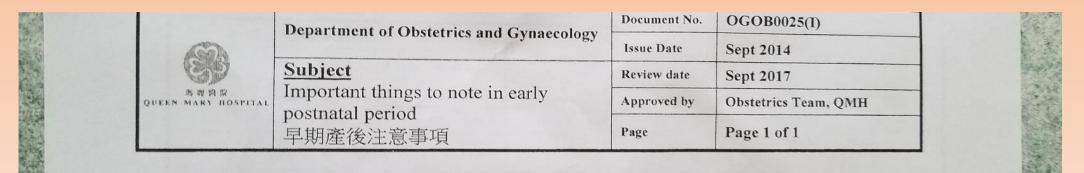
QMH Physiotherapy Out-Patient Referral

瑪麗醫院物理治療門診病人轉介書

物理治療 Out-Patient

### **Important Things to Note in Early Postnatal Period:**

### Information sheet for mother as reference



#### QUEEN MARY HOSPITAL OBSTETRIC UNIT

Important things to note in early postnatal period



### **Booklets**

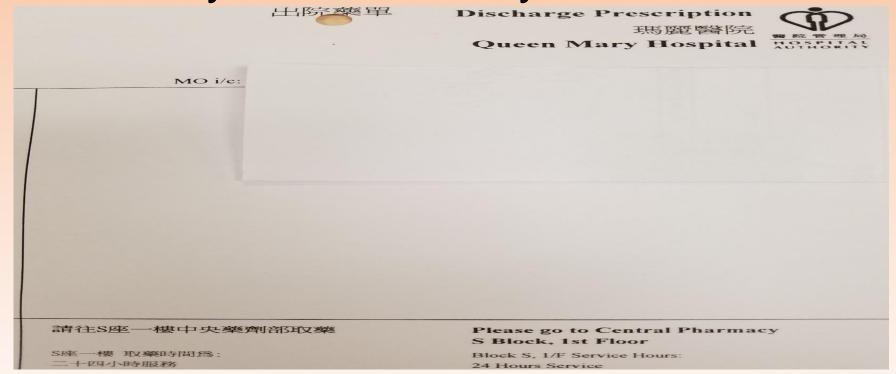
# Include Happy Parental, Postnatal Care, Baby Care, and How to apply Birth Certificate





### Discharge Prescription (Mother or Newborn):

Please go to the Central Pharmacy at Block S 1<sup>st</sup> floor and get the medicine, 24-hour services, but prescription form only valid for 4 days



### Tsan Yuk Hospital Antenatal Clinic Follow-up Card:

If you are submitted to our midwives during admission, now return to you as record



### **Appointment Slip:**

Only for mothers who need to come back for follow up, please read and record the date, time and venue



### **Information for Postnatal Oral Glucose Tolerance Test:**

Only for mothers who need to repeat this test, please follow the instruction and make an appointment by

yourself

	Department of Obstetrics and Gynaecology	Document No.	OGOB0116(F)
	Sopartment of Obstetries and Gynaecology	Last review date	Nov 2017
	Subject	Next review date	Nov 2020
裁商品版 QUEFN MARY HOSPITAL	產後口服葡萄糖耐量測試	Approved by	Obstetrics Team, QMH
	Information for Postnatal Oral Glucouse Tolerance Test (PN OGTT)	Page	Page 1 of 1

產後口服葡萄糖耐量測試

Information for Postnatal Oral Glucose Tolerance Test

### Vaccination for Rubella Antibody Negative Mother:

Only for mothers who are Rubella Antibody Negative, they are recommended to go to the MCHC or private doctor for vaccination, and remember to use reliable contraceptive methods

From: Department of O&G, QMH	To: MO I/C, MCHC
Tel: 2255 5347	Your Fax:
	Tour Pax.
Fax: 2819 4137	
Date:	

### **Queen Mary Hospital – Investigation Reminder Form:**

Only for mothers who need to come back for investigation, please read the date and time carefully and follow the instruction

Queen Mary Hospital - INVESTIGATION REMINDER FORM 瑪麗醫院 - 檢驗備忘表

### **QMH – Request Information Sheet – Ultrasound:**

Only for mothers who need to have ultrasound investigation, please go to Block K 3<sup>rd</sup> floor to book the appointment, and return to K6S afterwards to book the follow up appointment to see doctor for the ultrasound report



